

## CHIMES HIGHLIGHTS:

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## SAFARI SALE SUCCESS!

**The WI** came up trumps again with their Safari Sale on Sunday, 20th September. The issue was that with so few safe village events being held, people were isolated and cut off from social interaction. The solution was to hold an event where people could interact safely outside, and the Safari Sale came to life! The weather was lovely and people put up stalls around the village to attract passers-by. It was lovely to see the variety of stalls and people wandering around with smiling faces. Well done to the WI for this great idea! May there be more of the same until we are able to meet indoors safely again. Here are some lovely shots – congrats to all who made the effort to set up their stalls.



**Hello!** I hope you're all keeping safe and well? I'm delighted that we have a full edition this time, with an abundance of great photos from you all. Thank you!

It seems like the village is slowly coming to life again. **Life Athlete** is back with a great piece about sleep (pg.6), and we have some talented artists showing their skills in the gallery (pg.7)

The **Village Coffee Morning** is restarting, there are details of the **Zoom church services** you can attend from your front room with a cup of tea - amazing - and Jane LeFeuvre shares her walking diary!

Happy reading, and I look forward to seeing you for my last edition at Christmas. There will be another editor taking over I'm very glad to say - details to follow. Bye for now, enjoy your autumn!  
**Julie**

*How beautiful the leaves grow old. How full of light and colour are their last days*

## COVID-19 NHS TRACK AND TRACE APP INFORMATION

On 26th and 27th September, everyone over the age of 16 who is registered with a GP in England, and has provided an email address or phone number to the NHS, will receive an email or SMS asking them to download the NHS COVID-19 app.

Emails will come from NHS Test and Trace COVID-19 App with 'Public Health Message: NHS COVID-19 App' as the subject. Text messages will come from NHS tracing and begin 'This is a public health message from NHS Test and Trace.'

Read more on [gov.uk](https://www.gov.uk) about what the messages will look like.

It was determined a matter of public health importance to encourage people to download the app as a critical part of NHS Test and Trace. Wide use of the app will help manage and contain the impact of coronavirus (COVID-19) as part of the overall Test, Trace and Contain strategy.

England is experiencing a second peak of coronavirus transmission, resulting in a number of local restrictions and tightening of national restrictions. Encouraging people to download the NHS COVID-19 app is considered by the Department of Health and Social Care (DHSC) to be a highly important tool for managing and monitoring the outbreak, and a matter of public interest.

Email addresses and phone numbers are used by NHS Digital as a Processor (and Gov Notify as a Sub-Processor) on behalf of DHSC to send the messages. DHSC will not receive the data directly. Gov Notify will receive phone numbers to send text messages on behalf of NHS Digital.

Read more about how we protect your data and privacy in the NHS Test and Trace privacy notice.

**Beware of scams. The contact-tracing service will only call you from 0300 013 5000 or send you a text message or email from 'NHStracing'. You will never be asked to dial a premium rate number, make a payment, provide your bank details, or provide other personal information such as your social media identities or login details.**



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## BONFIRE NIGHT CANCELLED

Sadly, the Entertainments Committee and the Parish Council would like to announce that, despite all attempts to come up with a COVID-secure event, it would not be safe to hold the event at this time. The risks were deemed to be too great to the people of the village, and there was also the concern that if someone at the event tested positive for COVID-19, a large percentage of the village could effectively be closed down. Both West Coker and Yeovil bonfires have also been cancelled. **Paul Taylor**



**theW**  
INSPIRING WOMEN

15 members of the East Chinnock W.I. didn't let a grey-weather day spoil their afternoon on August 15th. It was the 75th. Anniversary of the official victory over Japan, when the country could finally feel that WW2 was truly over. Everyone was very glad to mark the occasion, especially as the festivities for VE Day on May 8th. had been a casualty of Covid-19.

Judy Rofe had kindly offered her lovely garden - and a quite spectacular barn - with ample room for all to circulate and enjoy catching up in person with everyone else.

Soon all were ready for refreshments, and found a wonderful spread had been prepared with various hot & cold drinks - and present & correct was Marianne's famous tea-urn!

Marianne's poignant tribute to the wartime heroes was followed by a heartfelt toast, and all were fascinated by Jill's account of her visit to Pearl Harbour while in Hawaii. She had boarded the USS Missouri Battleship and seen the plaque marking the place where the Allies and the Japanese had signed the surrender document.

A very special afternoon for me to report, and I'm delighted to add a big thank-you to all.



**THE MAGIC OF DRIFTWOOD FROM THE BRISTOL CHANNEL** was the intriguing title of the latest talk to East Chinnock W.I.

We gladly took up Judy's kind offer to again use her premises for the afternoon, and our speaker loved the venue as much as we do..

Emma Duke (pictured left), whose gallery is in Porlock, treated us to an entertaining and lively insight into her work. She showed us pieces of driftwood which had been formed into interesting shapes purely by the natural forces of the sea, as well as examples produced in her workshop.

Some are ancient, having been preserved in the water, and often originally part of old ships. We were passing around genuine pieces of history, gradually formed over centuries.

Emma has her roots in tradition, her father and grandfather having worked as cabinet makers and furniture designers, with professions such as stone mason and blacksmith represented in the family. She happily says that she has had no formal art training, while her natural ability and passion for creativity shows in her work..

When we can resume our outings, I'm sure that "Churchgate Gallery" will be top of the list. **Roisin Gruner**

**NEW TO EAST CHINNOCK, MARK HICKEY HAS SOME GREAT TIPS FOR YOUR OCTOBER GARDENING!**

1. Divide established rhubarb crowns to create new plants
2. Cut back perennials that have died down
3. Divide herbaceous perennials
4. Move tender plants, including aquatic ones, into a greenhouse or conservatory
5. Plant out spring cabbages
6. Harvest apples, pears, grapes and nuts
7. Prune climbing roses
8. Finish collecting seeds from the garden to sow next year
9. Last chance to mow lawns and trim hedges in mild areas
10. Renovate old lawns or create new grass areas by laying turf.

**MARK HICKEY**  
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EAST CHINNOCK GARDENING & COUNTRYSIDE CLUB



The Committee is pleased to hear that all members remain well, that their gardens are looking wonderful and they have had time this summer to sit and enjoy them.

WE ARE READY TO FACE THE CHALLENGES OF THE NEW YEAR. 2021! ARE YOU?

We hope to entice you to return with a programme of events and visits. Your unused membership for March, April, May 2020 will be transferred and the visits will be reintroduced for 2021 in some format.

A decision will be made in January, and you will be hearing the suggestions from Geoff so that, as a club, we can look forward to talks, events and socialising.

We wish you a colourful autumn and please stay well. **Bunty Andrews – Secretary.**

NEWS FROM ST MARY'S



Our Rector Colin has continued to record a weekly Holy Communion service, and upload it to our Benefice Facebook page, Coker Ridge Benefice, and on our Benefice Website [www.cokerridge.org.uk](http://www.cokerridge.org.uk)

Several of our churches, including St Mary's, have been open for private prayer since government regulations permitted it. Since August, some of our Benefice church communities have also started holding services in church, while complying with the current safe-guards for Covid 19.

At St Mary's we had our first service in church since March, on 20th September, at 10am, as a Harvest Celebration Family service. By the time this is printed, we should have had our first Holy Communion in church since March, at 11am the following Sunday.

A pattern is emerging for the services in our Benefice as below.

**1st Sunday 09:15 Hardington/Pendomer service via Zoom\***  
11:00 West Coker Holy Communion

**2nd Sunday 09:15 Hardington/Pendomer service via Zoom\***  
11:00 East Coker Holy Communion  
11:00 West Coker Morning Worship

**3rd Sunday 09:15 Hardington/Pendomer service via Zoom\***  
10:00 East Chinnock Family/Café service (Yet to be decided if this will usually be in church or the Village Hall )

11:00 West Coker Family Service  
18:00 East Coker Evensong

**4th Sunday 09:15 Hardington/Pendomer service via Zoom\***

11:00 East Chinnock Holy Communion  
11:00 West Coker Morning Worship  
11:00 East Coker Morning Prayer

**\*Anyone is welcome to join the Zoom services. For details of how to join please contact me on**

[gilliantettmar@gmail.com](mailto:gilliantettmar@gmail.com)

Under current Covid 19 safety regulations, our Rector can only attend one service in the Benefice on a Sunday, so all services except Holy communion will be lay led. As you can see, St Mary's turn for Holy Communion is the fourth Sunday in the month.

For up to date information about services and links to services uploaded to our You tube channel see our Benefice website [www.cokerridge.org.uk](http://www.cokerridge.org.uk) . Watch out, too, for notices of services in St Mary's on our village notice boards in Weston Street and the outside the Village Hall. We are praying for our Rector Colin, who has just had a long awaited shoulder operation. Due to the extensive nature of the operation, he needs to be immobilised for about 8 weeks, so it will be a good challenge for us as a church community to take a more leading role ourselves during that time. We hope to be able to find a Minister to take our Holy Communion services for those two months.

**Gillian Tettmar**



E C VILLAGE HALL



Hall has been thoroughly cleaned  
Change of day to avoid clash with Post Office!  
Coffee and biscuits to be served from the hatch  
Please bring your own mugs  
Seating will be arranged at socially distanced intervals  
Hand sanitisers will be available  
Facemasks not required but optional  
We plan to take all possible measures to keep everyone healthy  
**PLEASE COME ALONG AND SUPPORT THE RETURN OF COFFEE MORNINGS !**  
Ros and Pam

MINI VILLAGE GALLERY BY BUNTY ANDREWS



Beauty of nature- Cleeve's track to stump



Sunset from the Bonfire Field



Looks like autumn...



SPEEDWATCH GROUP

DISBANDS

Cllr Paul Taylor has been informed that the Speedwatch Group are disbanding. A number of volunteers have either stepped down or are moving, leaving insufficient numbers to carry on. He said that the council would like to record their thanks to the group for all the hard work they have undertaken to help make the village safer.

WAIT CONTINUES FOR SPEED DEVICE

Updated legal agreement and guidance notes from the County Council for the installation and operation of a Speed Indication Device are still awaited. Presumably they are still not considered to be a priority in the current situation!



WINTER STARTS AT RECYCLING SITES

Somerset recycling sites go to winter timetables from Thursday, 1 October. Weekday opening hours are: 9am-5pm and weekends remaining 9am to 4pm. For more information on each recycling site, including opening schedules, details of charged materials, and van and trailer permits, click on recycling centres at [somersetwaste.gov.uk](http://somersetwaste.gov.uk).



NEW RECYCLING PLANT TO OPEN  
CREATING ENERGY FROM YOUR RUBBISH

Somerset's move away from landfill has been completed with construction of the £317m Viridor Resource Recovery Centre (RRC) at Avonmouth. It turns all kerbside rubbish and 60% of non-recyclable materials from Somerset's recycling sites into electricity. The RRC consists of the £252m Avonmouth Energy Recovery Facility, plus a £65m plastics reprocessing plant, which is currently under construction. Efficient, safe and regulated by the Environment Agency, with emissions closely monitored to meet strict standards, the RRC will produce up to 282 gigawatt hours of electricity a year, enough to power 77,000 homes.

MENDIP GETS READY FOR RECYCLE MORE

The first **Recycle More** leaflets are arriving at Mendip homes, detailing the new service that starts in the district soon, taking more kerbside recycling weekly, including plastic pots, tubs and trays, with a new "Bright Blue Bag" recycling container.

Much more recycling means far less rubbish, which will be collected every three weeks. **Recycle More** is being introduced across Somerset in four phases over 18 months:

Mendip end of October 2020;

**South Somerset late June/early July 2021;**

Sedgemoor and Somerset West & Taunton by February/March 2022. A phased roll-out allows Somerset's five depots to be upgraded to handle the thousands of tonnes of extra recycling. Full Recycle More details and dates:

[www.somersetwaste.gov.uk/recycle-more](http://www.somersetwaste.gov.uk/recycle-more)



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HOME DELIVERIES TO EAST CHINNOCK

THANKS TO JULIE JEWELL FOR THIS INFORMATION.

The availability of these services & range of products is changing all the time, please check first!

[Barrett Bros.](#) - 01460 72900 - Meat, Cheese & Pies

[North Perrott Farm Shop](#) - 01460 77090 - Food & essential supplies

Spring Holton Farm (East Chinnock) - Eggs available for collection, delivery possible - 07807 907280.

[Bridge Farm Cider](#) (East Chinnock) - [bridgefarm1055@gmail.com](mailto:bridgefarm1055@gmail.com) - 07850 407097 - Facebook

[Trading Post Farm Shop](#) - 01460 241666

[Greensleeves Nursery](#) - 01935 864166 - See Facebook for list of available items



PARISH COUNCIL NEWS

- The County Council's case for a single Somerset Unitary authority is available at [www.onesomerset.org.uk](http://www.onesomerset.org.uk)
- Extra money had been made available for the County's domestic abuse services. They could be contacted on 0800 69 49 999 or at [www.somersetsurvivors.org.uk](http://www.somersetsurvivors.org.uk).
- A Maternity Toolkit has been developed and can be accessed via [https://cypsomersethealth.org/maternity\\_toolkit](https://cypsomersethealth.org/maternity_toolkit)
- The County Council are launching a **Climate Emergency Fund** and inviting local councils to apply for grants for projects to reduce carbon emissions as per the details circulated recently. Somerset Wildlife and Somerset Climate Action Network have emailed asking for support for a scheme of theirs, details of which were circulated last week. Cllr Taylor wondered if funding could be obtained to clear Chinnock Brook. It was agreed that the clerk would look at the details of the Fund and the Somerset Wildlife scheme and let the councillors know if there was any way that funding could be obtained for the Chinnock Brook or possibly Coker Fen.
- Simon Wetherall has almost completed the new website to replace the one run by the Jewells who are retiring. The new site is almost ready to publish and Cllr Paul Taylor said that he would like to record the council's thanks to the Jewells for their wonderful work over the years and to Simon Wetherall for ensuring that the archived material would continue to be accessible and for the continuance of a valuable village resource



BARGAIN COMPOST BIN OFFER!

Don't miss Somerset Waste Partnership's offer with [getcomposting.com](http://getcomposting.com) of 1,000 home compost bins for as little as £10 .

This is still available - but do not leave it too long. The two sizes are 220-litre for £10 and 330L for £12.50. Save even more with the buy-one-get-one-half-price deal for two of the same size.

Delivery is £9.99 per order; why not order two and share delivery with a neighbour or friend? Buy your bins at [www.getcomposting.com](http://www.getcomposting.com)

PARKING PROBLEMS - A PLEA

A problem we often cover here in The Chimes is that of parking at various locations around the village. The simple fact is that most villages were built long before cars were even thought of, and before the average household had more than one vehicle. In our case the problems are caused by there simply being not enough parking places available for the number of properties in the village.

Although parking everywhere is a subject which can create much frustration and irritation, at the end of the day the only remedy is the application of a little common sense, patience and understanding on the part of all concerned. Many of us would often prefer not to have someone else's car parked outside our houses but the facts are clear – the road outside is a public place and as long as a vehicle is properly taxed and insured then the owner is entitled to park it in a lawful manner.

What is clearly unreasonable though are the occasions on which people park without due consideration for their neighbours and, in some cases, outwith the law. Such cases are where pavements are blocked causing pedestrians (particularly the elderly or those with pushchairs) to have to step into the road, or where residents are physically prevented from accessing their driveways or property.

In these cases an obstruction is clearly being caused which is an offence, in which case you are advised to contact the police on 101 if all else fails.

**To save it coming to this, please show consideration for your fellow villagers and park respectfully.**





Community Transport

**SOUTH WEST**

*We are here to take you there!*

AS FROM 1<sup>ST</sup> SEPTEMBER 2020

WE ARE PLEASED TO ANNOUNCE THAT IN PARTNERSHIP WITH SOMERSET COUNTY COUNCIL WE WILL BE OFFERING A NEW SLINKY BUS SERVICE IN THE FOLLOWING AREA'S

CHARD & ILMINSTER (INCLUDING SURROUND VILLAGES)  
MARTOCK & LANGPORT (INCLUDING SURROUND VILLAGES)  
SOUTH PETHERTON & CREWKERNE (INCLUDING SURROUND VILLAGES)

YEovil (SURROUNDING SOUTH SOMERSET VILLAGES ONLY)  
JOURNEYS CAN BE ARRANGED FROM YOUR HOME TO ANYWHERE IN THE ABOVE AREA'S  
FOR EXAMPLE  
LONG LOAD TO CHARD  
SOMERTON TO CREWKERNE

THIS IS A DIAL-A-RIDE, DOOR TO DOOR SERVICE.  
FOR MEDICAL APPOINTMENTS, SOCIAL CARE AND SHOPPING  
THE SERVICE IS AVAILABLE MONDAY TO FRIDAY 8AM TO 5PM  
TO BOOK A JOURNEY CALL 01935 477399  
MONDAY TO FRIDAY 9AM TO 5PM  
ALL JOURNEYS TO BE BOOKED IN ADVANCE  
SAME DAY SERVICE IS NOT AVAILABLE

PRICES APPLY DISCOUNT IS GIVEN WITH A BUS PASS

FOR MORE INFORMATION CALL 01935 477399

**SKYWATCH**

10<sup>th</sup> Sept 8:30pm, Saturn & Jupiter relatively close together in the constellation of Sagittarius. (Will be much closer in December in the early evening in the southwest) **Roger Jewell**



A beautiful cross-stitch by Alix Janes and a fun Puff the Magic Dragon by Julie Jewell

**NICK THE FRUIT AND VEG MAN**



is coming to the Village Hall October 7th 10.30 - 11.30 to coincide with the coffee morning. He is a regular at Odcombe markets and at West Coker. When I tried out the produce there was a good range of quality fresh fruits and veg. Prices were slightly more than the supermarket as you would expect. He can take card payments. Please wear masks and practice social distancing.

Please support him so that he can be a regular and the start of more to come.

**Bunty Andrews on behalf of the Village Hall Committee.**

**JANE'S COASTAL WALK DIARY**

WALKING THE SOUTH WEST COASTAL PATH FOR ROYAL NATIONAL LIFEBOAT INSTITUTION (RNLI)



8th August - Although those of us in the shielded group are being encouraged to venture out a little more as the summer progresses, this is likely to be a scary, slow and stop/start process. Meanwhile I have decided to embark on my second fundraising challenge during the crisis, a much longer one this time, which hopefully will give me a positive goal to keep me walking through the Autumn

and Winter, and into what hopefully will be better times to come next spring and summer.

I am attempting to walk the equivalent distance of the South West Coastal Path, to raise money for the Royal National Lifeboat Institution, using my daily exercise walk and the steps that I do around the house and garden. This is a truly daunting challenge, as the Path is 630 miles long, but nothing ventured nothing gained, so I am stepping it out.

As with my Everest challenge, I intend to take this at a steady pace, aiming to walk at least 1.7 miles a day, and 12 miles a week, so the challenge should take me about a year. I hope that by going at my own pace and with the help of kind supporters over the many weeks ahead, the challenge will be achievable, despite hip and knee replacements and on-going rheumatoid arthritis.

I have already achieved 180 miles since I finished my Everest Challenge 11 weeks ago. I started at one end, at Minehead, and am excited at the prospect of "visiting" coastal towns and villages, and the various lifeboat stations on the way. I hope that with your support I can reach South Haven Point on the South Coast next year, which is the other end of the Path.

This venture is a way for me to support the amazing work done by all the lifeboat crews, who risk their lives throughout the year going out in all weathers to save others. The Royal National Lifeboat Institution is an essential emergency service, but depends on voluntary donations and fundraising, and like all charities has been hit hard by the current crisis. Regardless of how the crisis has affected the lifeboat community personally, they are still responding to emergencies whenever needed.

**14th Aug**

Hot and humid, not much shade, so walking early am and eve. Reached Porthcothan on 9<sup>th</sup>. Route on to Newquay easier walking, but still hot and humid. Rocky beaches busier near Newquay. So many people made social distancing tricky. Felt unsafe, even in a mask. Have reached Newquay, staying outside town, away from crowds. Welcome rain today. Newquay lifeboats have been busy this summer, including rescuing people cut off by tides and a paddle-boarder in trouble.

**1<sup>st</sup> Sept**

I'm at St Ives! Wild, wet and windy for much of the leg. Had to time walks to avoid being blown off the cliffs!! Beautiful coastline, with rocky coves, caves, old mine workings and other features. St Ives really busy with people, so plan to return to explore in better times to come, as the town is well worth a visit. The St Ives lifeguards and lifeboat are kept very busy, as storms, staycations and summer crowds combine to put pressure on the RLNI.

Thank you so much to those that have supported me on my walking challenges, and helped to raise funds for these charitable causes. To follow my progress on the just giving page the address for this challenge is:

<https://www.justgiving.com/fundraising/janes-sw-coastal-walk>

**Jane**





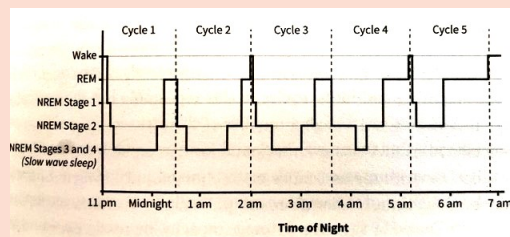
## The return of.. **Life Athlete – Training to Live Long and Illness Free** **Sleep - Did nature make a mistake?**

Why do we do it? And why does it take so long? I mean - one third of our whole lives! Clearly we get physically tired by the end of the day and need to recuperate. But the latest research shows that sleep is just as important for the brain as it is for the body.

### Sleep Cycles

Turns out humans have sleep cycles lasting approximately 90 minutes each. Most people need about five cycles per night, from which we get the 7 1/2 hours good night's sleep.

The first cycles in the night are predominantly deep sleep and mostly non-dreaming, and are known as NREM cycles (non rapid eye movement). The later ones are progressively less deep and are when we dream more. These are called REM cycles (rapid eye movement) because of the associated eyeball flicking.



What's really interesting is what is happening in the brain during NREM and REM, and how they differ.

During deep **NREM cycles** the brain stores, organises and selectively deletes our accumulated daily memories and experiences. Even though the brain is a uniquely capable and highly complex organic 'computer', it still has limited capacity. So NREM is when the brain carries out a necessary, neural re-modelling process. It does this by sending slow electrical waves, at roughly 4 per second, starting in the frontal lobes and travelling across the brain, not radially, but from front to back, like waves washing up a shallow beach. Think of these waves as couriers delivering information for good housekeeping and storage. Amazing!

**REM** cycles, more prevalent in the early hours, are quite different. REM brainwaves are more like when we are awake, i.e. fast, spikey and erratic: but the body is asleep. Thanks to MRI scanning we now know that certain areas of the brain are significantly more active in REM sleep than when we are awake. These areas are the four associated with the functions of; visualisation, motor, autobiographical memory and emotion. Also during REM sleep, areas of the cortex, which manage logic and decision-making, are selectively deactivated. And, apart from breathing, our muscles are more or less paralysed, so we won't hurt ourselves when we dream of being Batman or Superwoman jumping off a skyscraper.

This heightened brain activity and logic suppression, allows us to dream a myriad of fantastical 'films' and 'adventures' based on the emotions, motivations and memories which we have stored through NREM.

**"I had the weirdest dream."** We've all said this. Psychotic would be a better description. Every night when dreaming, we hallucinate, (see things which are not there). We become delusional (believe things which cannot not true). We become disorientated (about time, where we are and even who we are). We experience extreme swings in emotion. And lastly we suffer from amnesia, as we usually forget most of what we've dreamt. REM sleep, when we dream, is how the brain integrates our experiences, helps us understand our world and gives us insights and possible solutions to our problems. Hence the phrase: **Why don't you sleep on it?**

**How can I sleep better?** Firstly, recognise, are you an early bird or a night owl? Try to adjust your bed-time and rising-time accordingly, and adjust with the seasons. If possible, black out your bedroom as much as you can. If you are one of the many who wake up a lot during the night, realise these times probably coincide with the end of sleep cycles. As an example, personally, I like to go to bed to read or "tablet" about 30 minutes to an hour before lights out at about 11, at which point I tend to fall asleep quickly. I very often wake up after about three hours (two 90 minutes cycles) at around 2 o'clock (when nature sometimes calls); and then I often re-surface again at the end of later cycles once or twice in the early hours, before I finally wake up at around seven.

Here's the thing: when I heard about these 90 minutes cycles, I stopped beating myself up about waking up during the night. In fact, now, I always glance at my very dimly illuminated clock-face and mentally tick off the cycles, actually feeling pleased with myself. This more positive attitude to waking up during the night actually helps me get back to sleep quickly - to get more cycles in. In fact I look forward to the process of falling asleep again, and now, quite often as I relax again, I can start to feel the brain's dreaming activity taking over. I just go with whatever crazy thoughts come into my head, and mostly that's it - gone.

For more insights - I highly recommend the book: *Why We Sleep* - by Matthew Walker  
In the meantime - **Sweet dreams** . . .



Summer tomato harvest, and a crop of 'shrooms! Lovely photos by Julie Jewell





# EAST CHINNOCK AND VILLAGES ART GROUP

Meet together 2pm to 4pm on the Last Tuesday of the Month  
Other times by arrangement.

The cost is £12 per year or £2 per session.

We work at our own pace with our own materials.

If you are new to Art, help will be given if required.

For further Details Phone 01935 507037 or Visit our Facebook page



Gerald Witcher

## COMMENTS FROM THE GROUP...

Could I just say to the East Chinnock Art Group a big thanks for the opportunity you have been able to give me to showcase some of my art. I have been interested in art since a young age but in recent years it has had to take a back seat, so thanks for rekindling that, now for anyone out there that has had any problems with their artistic passions, please find your local art groups it's a great way to receive unbiased and constructive advice and support to achieve or help you to produce your artistic passion to the next level. A big thanks to Shirley from East Chinnock and the rest of the members for your encouragement and feedback - you have helped me to start believing I can reproduce my art across many media, so thanks to all! **Clinton**

Hello "Chinnock Chimes" readers.

Our friendly little group, with the occasional visitor, began in April last year. Our intention to meet for an afternoon on the last Tuesday every month was halted by Covid-19, but we are all as keen as ever and plan to begin again September. Meanwhile we have had "Art at Home" sharing our work on WhatsApp and Facebook and have enjoyed a couple of get-togethers in Shirley & Dennis's lovely garden. Think you can't "do Art"? You'll surprise yourself as my husband can confirm. Just turn up for a warm welcome and a two-hour oasis of calm in a troubled world. **Roisin**

We have been busy painting for The Village Show entries Music/Wildlife /Abstract and for our Art Exhibition which Jane and Gerry organise every other year, both were put on hold so we have shown a few here in the Chimes. Some of the group have exhibited in Somerset Art week on Line Gallery, and others on Art for CAP Online art Gallery. **Shirley**



Clinton Eales



Angela Barry



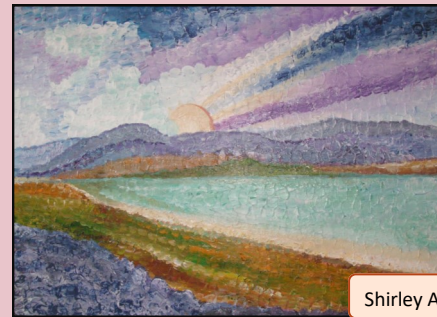
Gillian Tettmar



Jane Locke



Fiona Field



Shirley Allnutt

### DEADLINE FOR THE AUGUST/SEPTEMBER ISSUE

Please send your submissions to the editor, Julie Kneafsey, by 11th **November** for inclusion in the **December/January** issue. Thank you.

**Email:** [chinnockchimes@gmail.com](mailto:chinnockchimes@gmail.com) **Post to:** 4, Springfields, East Chinnock, BA22 9EW **Tel:** 01935 864266

<b>USEFUL CONTACT NUMBERS</b>	Entertainment Committee Chair: Dave Tuck 01935 864560	Playgroup and Toddler session Kay Strode 07870584270.	Village Hall Booking & Keys: Lia Wicks on 01935 864327	Parish Council Clerk Maureen Randell eparishcouncilclerk@yahoo.co.uk 01935 507563 Mon-Fri 10am-6pm
County Councillor: Mark Keating MAKeating@somerset.gov.uk	District Councillor Anthony Vaughan Tel: 07506 285 049 E: <a href="mailto:anthony.vaughan@southsomerset.gov.uk">anthony.vaughan@southsomerset.gov.uk</a>	Tree Warden Pamela Lewis 01935 864408	Parish Council Chairman Paul Taylor 01935 862006 <a href="mailto:paul.taylor62@hotmail.com">paul.taylor62@hotmail.com</a>	Post Office Mon 1 – 3 pm. Tues 9am – 12noon
Pre-School (toddlers) Guides, Brownies, Rainbows Jane LeFeuvre on 01935 862774	Beavers (6-8 yrs.) Heather Pitts 01935 433840	Cubs (8 – 10½ yrs.) Scouts (10½-14yrs) James Divall 863105	Scouts Active Support (adults) Pete Divall 422328	Explorers (14 – 18 yrs.) Mike Beckerleg 01935 862719
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